

Specific Target Striking

Target	Name of Strike	Japanese
Eyes	Finger jab	Tesaki Uchi
Nose	Palm strike	Teisho
Ears	Bear hand	Kumade
Chin	Ox jaw block	Seiryuto Uke
Neck	Ridge hand strike	Haito Uchi
Collarbone	Pressing forearm	Maeude deai osae
Solar plexus	Forward punch	Oi zuki
Knee to groin	Knee kick	Hittsui Geri
Shin rake, stomp	Stomping kick	Fumikomi

